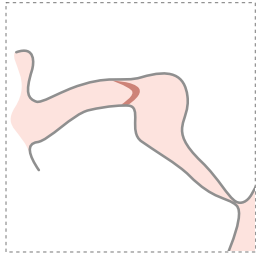
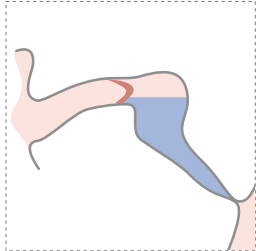


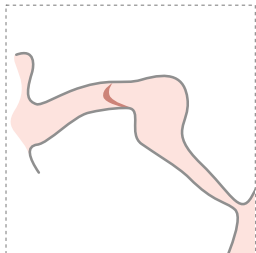
Normal middle ear pressure.



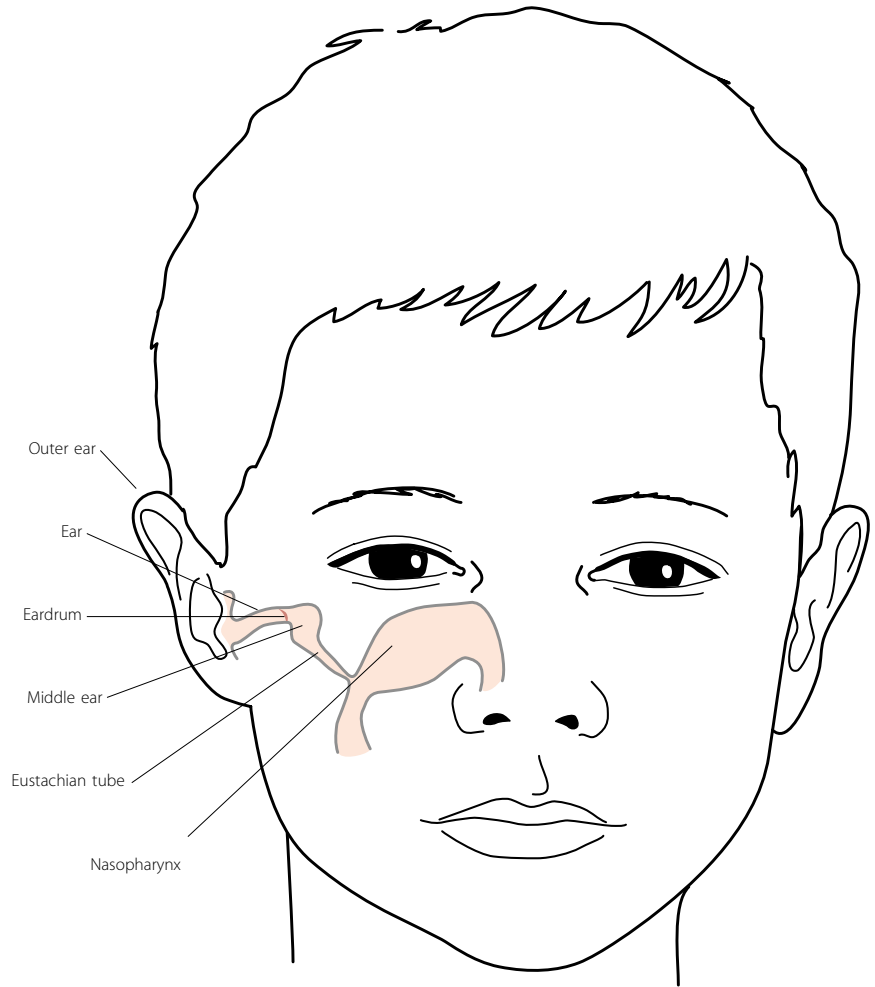
Eustachian tube dysfunction with negative pressure in the middle ear. The tympanic membrane is bending (towards the interior of the middle ear), with almost normal hearing



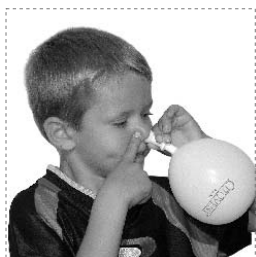
Negative pressure and secretion (glue) in the middle ear. The tympanic membrane is retracted with decreased hearing.



High pressure from autoinflation with Otovent, transmit through the nasopharynx and the Eustachian tube to the middle ear and normalize the low pressure in the middle ear.



The Otovent Method



Step 1. Connect the nose-piece to the balloon

Step 2. Hold the nose piece (round part) firmly against the right nostril with you right hand and hold the left nostril closed with your left index finger.

Step 3. Inhale deeply and close your mouth, inflate the balloon to the size of a grapefruit by blowing through the right nostril.

Step 4. Repeat the procedure via your left nostril.

N.B! Max 20 inflations per balloon.

The treatment is working when you or the child experience increased pressure and/or a click in the ear. If you or the child does not feel any change, do as follows.

Repeat **step 2.** Tilt your head slightly forward and then to the right.

Repeat there after **step 3.**

When the balloon is inflated try to swallow. Observe that the nose-piece should be kept firmly against the right nostril, the left nostril closed with the left index finger and the mouth closed.

Stages of Otitis Media



Normal



O.M. with effusion



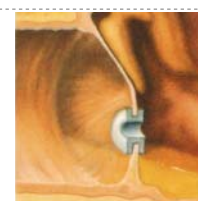
Acute O.M.



Myringotomy



Ventilation tube



Perforation